



## Southern Zone Eastern Section Senior Championships March 10-13, 2005

**SANCTION:** Held under the sanction of USA Swimming issued by North Carolina, Inc.  
Sanction #NC05006-NT. Time Trials Sanction #NC05007-TT

**HOST:** Mecklenburg Aquatic Club in cooperation with the Huntersville Family Fitness & Aquatics

**FACILITY** Huntersville Family Fitness & Aquatics  
11725 Verhoeff Road  
Huntersville, NC 28078  
704-766-2222

The Huntersville Family Fitness and Aquatics Center features three 25-yard pools. The primary competition course consists of eight, eight-foot wide lanes using a bulk head for one of the walls. The secondary competition course also provides eight, eight-foot wide lanes. This course, if not used for competition, and the separate four-lane teaching pool can be used for continuous warm-up and warm-down. The facility also features a Colorado 6000 system and alphanumeric scoreboard. There is ample bleacher and deck seating for 1000 competitors and spectators.

<b>TIME SCHEDULE</b>	Thursday, Mar 10	Timed Finals	5:30 PM
	Friday – Sunday, Mar 11-12-13	Preliminaries	9:30 AM
	**Coaches Meeting		9:20 AM
	Friday-Saturday, Mar 10-12	Finals	6:00 PM
	Sunday, Mar 13	Finals	5:30 PM
<b>WARM-UP TIMES</b>	Wednesday, Mar 9	8:00 - 9:30 PM	
	Thursday, Mar 10	7:00 -11:00 AM & 3:00 - 5:20 PM	
	Fri & Sat, Mar 11&12	6:30 – 9:20 AM & 3:30 – 5:50 PM	
	Sun, Mar 13	6:30 – 9:20 AM & 3:00 – 5:20 PM	

During competition all other lanes will be open for continuous warm-up and warm-down.

**ELIGIBILITY** Open to members of the Eastern Section of the Southern Zone, its clubs and swimmers registered with USA Swimming, that are in good standing with the Eastern Section. All USA Swimming registered clubs in the following LSC's are eligible to participate in the Eastern Sectional Championships: Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Southeastern, and West Virginia.

Swimmers and clubs from outside these LSC boundaries are eligible to participate in the Spring Championship meet provided they meet the non-section qualifying standards and are members in good standing of the Eastern Section.

There will be on deck registration for teams and swimmers wishing to join the Section. Entries from swimmers from a non-member clubs may be accepted into the meet, but prior to competing, must pay the \$40.00 club registration fee to become a Eastern Section registered team. Please include a separate check made payable to “NCS Regional Account” with your meet entry fees.

**RULES**

The current USA Swimming Rules will govern the conduct of the meet unless noted otherwise herein. Athlete registration will be confirmed using the SWIMS registration database. A swimmer not previously entered wishing to late enter the meet via deck entry must present proof of USA Swimming membership.

**TIME STANDARDS**

All swimmers must have met the Spring Sectional time standards either short course or long course in EACH event entered. Swimmers entering with a long course qualifying time shall ENTER WITH AND BE SEEDED WITH the short course qualifying time standard. *Times for all events must have been achieved by the due date of the entry. Times are only good from the 2003 Summer Sectional Meet and forward. Any times achieved prior to that cannot be used for proof.*

**Swimmers from outside the LSC boundaries of the Eastern Section must have achieved the current U.S. Open time standard in each event entered.**

**PROOF OF TIME**

Swimmers or relays who do not equal or better the applicable Southern Zone Eastern Sectional time standards in any event at the championship meet must be able to prove that they have previously achieved the qualifying time. Swimmers unable to provide proof-of-time will be assessed a \$25 fine for each event they cannot prove, payable by May 1st. After May 1st following the competition, fines are doubled to \$50 per occurrence regardless of provability. The only acceptable proof-of-time will be official meet results or times from the SWIMS database, from a USA Swimming sanctioned or approved competition. In the event a swimmer does not pay this fine, neither the swimmer nor the swimmer's team will be eligible to enter future Southern Zone Eastern Section Championships until such time as the fee is paid. Come prepared to pay outstanding fines before your team can participate in the meet. Fines will be deposited with no further need of proofs from those previous meets. All fines collected go to the Southern Zone Eastern Section Travel Fund.

**FORMAT**

All individual events, except the 1000 and 1650 Free will be conducted on a preliminary and final basis. Eight swimmers will qualify for a Championship, Consolation and Bonus heat in each event in the finals. The 1650 free will be conducted as a timed final event on Sunday afternoon, except for the top 8 seeded men and women, which will swim during the finals session on Sunday evening. **ALL Sunday evening finals will be conducted on a positive check-in basis.** Any swimmer making the Bonus, Consolation or Championship heat, on Sunday, March 13, will have 30 minutes to positive check-in after the preliminary results are announced or the swimmer will be scratched from the Finals. Relays on Friday will be swum in prelims except for the fastest two heats. On Sunday, relays may opt to swim during the AM or PM session.

All relays and individual events 400 yards or longer will be deck seeded. Swimmers must check in for these events at the Clerk of Course by 8:45am on the day of the event. Participants in the 1000 Free must check in by 4:45pm on Thursday evening. The 1000 Free will be swum with the fastest three heats of women slowest to fastest, then the fastest three heats of men slowest to fastest, then alternating women then men fastest to slowest, following the positive check-in. The seeding for the preliminary heats of the 400 IM and the 500 Free will be swum in the following order: the four fastest women's heat then the four fastest men's heats swum slowest to fastest (the fastest three heats will be circle seeded), then the remainder of the heats will be swum fastest to slowest, alternating women and men. The fastest heat of the 1650 Free will be swum in the order on the event sheet. Swimmers entered in the 1000 and 1650 Freestyles will be expected to provide a person to count lap and a person to time. Men and women will swim in separate pools for these two events. All events 200 yards or shorter will be pre-seeded. It is not necessary to check in for these events, although scratches will be appreciated. Meet Management reserves the right to conduct preliminary events in two racing courses, if needed, depending upon the timeline and the entries.

- SCRATCH RULE** Any swimmer not planning to swim at night in the finals must scratch with the Admin Referee. The penalty for failure to compete in a final or consolation final is disqualification from the remainder of the meet (USA Swimming Rule 206.5.9). The penalty for missing a deck-seeded event will result in being barred from the swimmer's next individual event. There is no penalty for not swimming in the non-deck seeded preliminary events.
- TIME TRIALS** Time trials to achieve Summer Southern Zone Eastern Section Senior Championships (or faster) qualifying times may be held at the discretion of the Meet Referee. Such swims must fall within the 3 event per day. Entry fees for time trial swims will be \$10.00 per individual event and \$10.00 per relay. Participants in time trials must provide their own back-up timer and back-up stopwatch.
- ENTRY LIMIT** Swimmers may swim three (3) individual events per day, excluding relays. A swimmer may enter any number of events, but may only swim three individual events per day. Swimmers participating on relay teams only must be listed on the entry forms.
- ENTRY FEES** \$4.00 per individual event and \$8.00 per relay.  
Late fees are double - \$8.00 individual event and \$16.00 per relay.  
Swimmer surcharge is \$12.00 (\$10 Eastern Section, \$2 NCS Travel Fund).  
Please make checks payable to **Mecklenburg Aquatic Club**.
- ENTRY FORMS** An entry on disk in Hy-Tek Meet Manager CommLink or SDIF format is highly recommended. Please send printed copies of entries for verification. Hard copies on entry forms are also permitted. Entries must include each swimmer's USA Swimming number, first and last name, age, seeding time to the 100th of a second and event number for each event entered. The enclosed team summary sheet must be included with entry disk. Please see [www.justswimmac.org/srsectionals](http://www.justswimmac.org/srsectionals) for order of events in Hy-Tek format.
- ENTRY DEADLINE** All entries must be received by **7:30 PM on Tuesday, March 1, 2005.**
- Please mail to:  
Senior Sectional Entry, Mecklenburg Aquatic Club, 9850 Providence Road,  
Charlotte NC 28277-0202, (O) 704-846-5335
- or, email to  
[srsectentry@justswimmac.org](mailto:srsectentry@justswimmac.org)  
Web Site: [www.justswimmac.org](http://www.justswimmac.org)
- Preferred method of submitting entries is by Hy-Tek CommLink II or SDIF format.
- E-mail or disk and hard copy will be accepted, as well as standard hard copy, provided the fees, disk, and hard copy are received by the deadline. **Please include summary totals in the body of your email; this helps us check for errors.**
- SCORING** Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay Events: 40-34-32-30-28-26-24-22 18-14-12-10-8-6-4-2
- Swimmers competing in the finals or consolation finals must **achieve the Southern Zone Eastern Sectional time standard to score team or individual points.** No team points will be scored for the bonus heat.

<b>READY ROOM</b>	The top eight qualifiers for finals should report to the ready room to be marched to the blocks prior to their event.
<b>AWARDS</b>	Plaques will be awarded to the top 6 combined teams. Medals will be awarded to the top 8 individual finishers. Immediately following the race the top three places will be presented at a designated place. Male and female high point and runner-up swimmers will receive awards. A national qualifier T-shirt will be awarded to a swimmer for the first individual event in which he or she equals or betters a Senior National standard.
<b>ELIGIBILITY AND TECHNICAL JURY</b>	An Eligibility and Technical Jury will be formed as necessary consisting of two coaches and two swimmers selected at random, plus the Meet Referee, the Meet Director, and Southern Zone Eastern Section Chairman or their designee.
<b>MEET MANAGEMENT</b>	Meet Directors: Nancy Martelle and Trish Van Hoy Meet Referee: Joel Black Meet Marshall: Marty Fehr
<b>OFFICIALS</b>	<p>Mecklenburg Aquatic Club welcomes and encourages the assistance of certified officials from visiting teams. Applications to officiate can be made online at: <a href="http://szoneswim.hypermart.net/onlineappl.htm">http://szoneswim.hypermart.net/onlineappl.htm</a> Officials who have not applied to officiate should contact the local officials coordinator, Marty Fehr @ <a href="mailto:martin.fehr@att.net">martin.fehr@att.net</a> prior to the meet.</p> <p>This meet has been designated a <b>National Championship Certification Meet</b>. Current National Championship Certified officials may renew their certification at the meet. Those without current certification that are assigned to specific deck positions may apply to become certified as National Championship Stroke and Turn Judges. Officials must attend the meetings and at least three sessions to apply for certification.</p>
<b>LIABILITY RELEASE</b>	USA Swimming, North Carolina Swimming, Huntersville Family Fitness and Aquatics, and the Mecklenburg Aquatic Club shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the meet.
<b>SAFETY</b>	The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay is permitted. Glass containers or bottles are not permitted in the , Huntersville Family Fitness and Aquatics.
<b>HOSPITALITY &amp; CONCESSIONS</b>	There will be a hospitality room open to all coaches, officials, and volunteers. Refreshments will be available at the concession stand.
<b>ATTACHMENTS</b>	Order of Events Entry Summary Sheet Entry Forms (available by request) Warm-up Guidelines Map Hotel Information
<b>INFORMATION</b>	For more information, please contact Russ Kasl or Dave Gibson by telephone at 704-846-5335(ext. 108/ ext. 106) or by email at <a href="mailto:rkasl@justswimmac.org">rkasl@justswimmac.org</a> or <a href="mailto:dagibson@justswimmac.org">dagibson@justswimmac.org</a> .

**Speedo Champions Series**  
**Southern Zone Eastern Section Senior Championships**  
**Order of Events**

WOMEN	YARDS (METERS)	EVENT	YARDS (METERS)	MEN
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***Thursday, March 10, 2005***

***Timed Finals: 5:30 PM***

1	10:49.19 (9:39.19)	1000 FREE	10:17.09 (9:07.89)	2
3	8:17.79 (9:23.19)	800 FREE RELAY	7:35.49 (8:36.79)	4

***Friday, March 11, 2005***

***Prelims: 9:30 AM***

***Finals: 6:00 PM***

5	1:58.69 (2:14.89)	200 FREE	1:48.79 (2:03.99)	6
7	1:10.39 (1:19.89)	100 BRST	1:02.49 (1:11.99)	8
9	1:00.99 (1:08.79)	100 FLY	54.59 (1:01.59)	10
11	4:46.69 (5:21.59)	400 IM	4:20.29 (4:58.09)	12
13	3:50.29 (4:19.79)	400 FREE RELAY	3:26.29 (3:55.29)	14

***Saturday, March 12, 2005***

***Prelims: 9:30 AM***

***Finals: 6:00 PM***

15	2:14.99 (2:29.69)	200 FLY	2:01.79 (2:17.19)	16
17	25.59 (28.69)	50 FREE	22.49 (26.09)	18
19	2:32.09 (2:52.29)	200 BRST	2:16.09 (2:36.59)	20
21	1:02.09 (1:11.49)	100 BACK	55.49 (1:04.29)	22
23	5:17.69 (4:42.59)	500 FREE	4:53.89 (4:23.99)	24

***Sunday, March 13, 2005***

***Prelims: 9:30 AM***

***Finals: 5:30 PM***

25	55.09 (1:02.49)	100 FREE	49.39 (57.19)	26
27	18:17.49 (18:28.79)	1650 FREE		
29	2:13.99 (2:32.59)	200 BACK	2:00.79 (2:19.49)	28
		1650 FREE	17:08.49 (17:30.19)	30
31	2:13.59 (2:32.89)	200 IM	2:01.49 (2:19.99)	32
33	4:15.79 (4:50.29)	400 MEDLEY RELAY	3:51.29 (4:23.89)	34

The 1000 and 1650 freestyles are timed final events. The seeding procedures for these events are outlined in the meet information.

Relays on Friday will be swum in prelims except for the fastest two heats. On Sunday, an AM or PM option will be provided. Relays must be checked in by 11:00 AM.

NOTE: All individual events 400 yards or longer will be deck-seeded. Swimmers must check-in for these events at the Clerk of Course by 8:45 a.m. on the day that event is scheduled to be swum. The check-in time for the 1000 freestyle is 4:45 PM Thursday.

## Southern Zone Eastern Section Senior Championships Entry Summary Sheet

Team Name \_\_\_\_\_

Official Abbreviation \_\_\_\_\_ Coach \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

	# of Swimmers Entered	# of Individual Events
<b>Women</b>		
<b>Men</b>		

Total individual entries \_\_\_\_\_ X \$4.00 Entry Fee = \_\_\_\_\_

Total relay entries \_\_\_\_\_ X \$8.00 Entry Fee = \_\_\_\_\_

Total swimmers \_\_\_\_\_ X \$12.00 Surcharge = \_\_\_\_\_

**Please make checks payable to:** \_\_\_\_\_  
**Mecklenburg Aquatic Club** **TOTAL DUE =** \_\_\_\_\_

**Non-Sectional Member Club Registration: \$40.00 = \_\_\_\_\_**  
**Separate check payable to: Southern Zone Eastern Section Senior Championships**

**Mail entries to:**  
 Senior Sectional Entry  
 Mecklenburg Aquatic Club  
 9850 Providence Rd  
 Charlotte NC 28277

**Email entries to:** [srsectentry@justswimmac.org](mailto:srsectentry@justswimmac.org)

**Entries must be received by:**  
**Tuesday, March 1, 2005**

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and North Carolina Swimming, Inc. regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. The Mecklenburg Aquatic Club, Huntersville Family Fitness and Aquatics, North Carolina Swimming, Inc. and USA Swimming, their agents, employees and coaches shall be free from any liability or claim for damages rising by reason of illness or injury to anyone during the conduct of this meet.

\_\_\_\_\_  
**Signature/Title** \_\_\_\_\_  
**Date**

Please list all USA Certified Coaches who will be attending this meet:

\_\_\_\_\_

\_\_\_\_\_